

North Central Chapter

A Member Chapter of the Paralyzed Veterans of America

# North Central Chapter

209 N. Garfield Ave., Sioux Falls, SD 57104 1-605-336-0494 \* 1-800-505-4782

Email: info@ncpva.org Website: www.ncpva.org

National PVA Website: www.pva.org

Volume 358



North Central Chapter

April/May 2022

## Upcoming Events April/May 2022



4-1/3 . . . Nevada Trapshoot, Las Vegas

4-14... Membership Meeting, Chapter Office, Noon Luncheon and 1:00 PM Meeting

4-17 . . . Easter Sunday

4-20... SD Veterans Council Meeting, Alliance Building, 9:00 AM

4-28 . . . SF Veterans Council Meeting, Alliance Building, 7:00 PM

5-6/7 . . . Howard Wood Dakota Relays, Howard Wood Field

5-8 . . . Mother's Day

5-12... Membership Meeting, Chapter Office, Noon Luncheon and 1:00 PM Meeting

5-17/21 ... PVA National Convention, Atlanta, GA

5-21 . . . Armed Forces Day Program, Alliance Building, Sioux Falls, 10:00 AM

5-26/27 . . . 19th Annual NCPVA Walleye Fishing Event, Chamberlain

5-26 . . . SF Veterans Council Meeting, Alliance Building, 7:00 PM

5-30 . . . Memorial Day Program, SD State Veterans Cemetery, 10:00 AM

5-30 . . . Memorial Day, Office Closed

#### Notice of PVA North Central Chapter Election

#### **Election Timeline**

#### April 1

Nominations Open. Nominations may be made in person or by any other electronic means. Submit bio/photo and why you would be a good candidate.

#### April 30

Nominations Closed.

#### May 1

Ballots will be mailed out with a selfaddressed return envelope. Ballots must be returned in the envelope in a timely manner.

#### June 9

Election results will be reported at the Annual Membership Meeting.

#### October 1

New term of office begins

In accordance with Chapter bylaws, election of Officers will be held annually, and the Officers will serve a one (1) year term. Officers include: President, Vice President, Secretary, and Treasurer. At the Annual June Chapter Membership Meeting, the Election Committee will report the election results.

<u>Certification of Membership</u> - If a write-in candidate be elected, he or she shall have thirty (30) days to successfully complete the certification process, if not previously certified. If you have any questions on the election procedure, contact the Chapter Office.

## SD State Veterans Cemetery

#### **Endowment Fund**

With the passing of SB 91, the South Dakota Veterans Council has established an Endowment Fund with the South Dakota Community Foundation. This fund will be used for the maintenance and operations of the veterans cemetery.

The South Dakota State Veterans Cemetery will be located at the 1-90/I -229 area in Sioux Falls, SD and will encompass up to 50 acres of land donated by the City of Sioux Falls.

All federally defined veterans, spouses, and dependent children are eligible for burial in the State Veterans Cemetery.

We are proud to be able to give our veterans their final resting place on the eastside and keep them close to their families.

If you would like to contribute to the Endowment Fund, please click on the following link:

https://sdcommunityfoundation.org/ for-advisors/existing-funds/southdakota-veterans-cemetery-fund/



# North Central Chapter Paralyzed Veterans of America OFFICERS

President, Chuck Doom Vice President, Vacant Secretary, Greg Brandner Treasurer, Gene Murphy

#### **BOARD OF DIRECTORS**

Duane Biesboer Rodney Melcher Harlan Schmidt

#### **PROGRAM DIRECTORS**

Chapter Hospital Liaison: Chuck Doom
Legislation Director: Terry Paulsen/Gene Murphy
Volunteer Coordinator: Charles Doom
VAVS: Lisa Cummings/Sheri Kloes
Membership Officer: Duane Biesboer
Newsletter Editor: Barbara Priesz
Sports Director: Mike Olson/Charles Doom

#### **NATIONAL DIRECTOR**

Michael Olson

#### **NATIONAL SERVICE OFFICER**

Brad Friez

VA Dakota Regional Office 2501 West 22nd Street, Room 100 Sioux Falls, SD 57105 605-333-6801 800-795-3632

#### **OFFICE STAFF**

Lisa Cummings, Executive Director
Terry Paulsen, Government Relations Director
Barbara Priesz, Administrative Assistant

Office Hours: Monday through Friday, 8 - 4

#### Sioux Falls VA Health Care SCI Coordinator

Melissa Suter, Social Worker

605-336-3230 ext. 7898

#### Fargo VA Health Care SCI Coordinator

Tracy Lamont, SCI Coordinator

701-239-3765

#### Black Hills VA Health Care SCI Coordinator

Danielle Reichert, SCI Coordinator

605-720-7003

#### — Attention Members —

If you are receiving your newsletter by mail and would like to receive this via email, please contact me at the Chapter Office (LisaC@ncpva.org/605-336-0494) with your email address. This will help save the Chapter on postage and printing costs.







http://www.facebook.com/ncpva

**Disclaimer:** The North Central Chapter PVA newsletter is published six times a year. It serves its members and interested parties by informing them about chapter activities, veterans' issues, SCI related matters, advocacy and legislative developments and other relevant issues concerning disabilities and the disabled community. The opinions expressed in this publication do not necessarily reflect the views of the North Central Chapter, its Officers, Board Members or the Editor. Similarly, appearance of advertising herein does not constitute an endorsement of their products or services. The editor has the right to edit all articles.

#### **Membership-Duane Biesboer**

The Chapter currently has a total of 166 members and 86 Associate Members.

**Regular membership is FREE!** If you know of anyone who has a spinal cord injury or disease, please have the Veteran contact the Chapter office.

Beginning October 1st, all Associate Members will be invoiced for Annual Dues. Annual dues are \$30 per year and Life Dues are \$200.00.

Thank you to those who have sent in their dues!!

Please notify the Chapter when you have a change of address.

#### **Volunteer Program-Charles Doom**

The Chapter had 236 hours for the month of February. Terry Paulsen and Gene Murphy were Feb/March 2022 Volunteers of the Month. Remember to look for your volunteer number in the newsletter and win a \$25 Gift Card! If you see your number, call the Chapter Office!



# "Friends Aiming High" by John Green

Framed and Matted - \$275 Print Only - \$75

To order your print, please contact the Chapter Office at (605) 336-0494







# National PVA Scholarship Program is Now Open

We want to invest in you and your higher education!

Paralyzed Veterans of America is proud to offer funds to PVA members and their immediate family members through our Educational Scholarship Program.

We will award scholarships in the amount of \$2,500 to full-time students and \$1,000 to part-time students for the 2022-2023 academic year.

#### Eligibility - Qualified members are:

- A PVA member, the spouse of a member, or an unmarried child (under 24 years of age) who is dependent (as defined by the IRS) on the member for principal support.
- A citizen of the United States.
- Accepted and enrolled as a full-time or part-time student in an accredited U.S. college or university
- **Please Note:** Previous award recipients may apply, but are limited to a total of two scholarships in a lifetime.

#### **Submission Process**

**Application Opened: March 1, 2022** 

Deadline to Apply: May 1, 2022

Apply Online at <a href="https://bit.ly/pva-scholarships">https://bit.ly/pva-scholarships</a>

Questions? Contact <a href="mailto:christih@pva.org">christih@pva.org</a>



# VA will Propose Adding Rare Cancers to the Presumed Service-Connected List as Related to Military Environmental Exposure

WASHINGTON (3-1-2022) — The Department of Veterans Affairs intends to propose adding certain rare respiratory cancers to the list of presumed service-connected disabilities in relation to military environmental exposure to particulate matter. VA determined through a focused review of scientific and medical evidence there is biologic plausibility between airborne hazards, specifically particulate matter, and carcinogenesis of the respiratory tract, and that the unique circumstances of these rare cancers warrant a presumption of service connection.

Based on these findings, VA's Secretary is proposing a rule that will add presumptive service connection for several rare respiratory cancers for certain Veterans. The cancers under consideration include:

- Squamous cell carcinoma of the larynx.
- Squamous cell carcinoma of the trachea.
- Adenocarcinoma of the trachea.
- Salivary gland-type tumors of the trachea.
- Adenosquamous carcinoma of the lung.
- Large cell carcinoma of the lung.
- Salivary gland-type tumors of the lung.
- Sarcomatoid carcinoma of the lung.
- Typical and atypical carcinoid of the lung.

"This is the right decision. The rarity and severity of these illnesses, and the reality that these conditions present a situation where it may not be possible to develop additional evidence prompted us to take this critical action," said VA Secretary Denis McDonough. "We'll continue to hold ourselves accountable to Veterans to provide more care, more benefits and more services to more Veterans than ever before."

VA intends to focus its rule on the rare respiratory cancers above in Veterans who served any amount of time in the Southwest Asia theater of operations and other locations. VA will invite and consider public comments as part of this process.

Once rulemaking is complete, VA will conduct outreach to impacted veterans and survivors to inform them about potential eligibility.

#### USS Iowa Veterans Association to Gather in South Dakota

Each year, the USS Iowa Veterans Association hosts a reunion, allowing former shipmates of all generations to get together, renew past friendships, make new friendships, learn from each other, share experiences, and swap sea stories.

The 2022 Reunion site is at the Best Western Ramkota Hotel and Conference Center in Rapid City and will be held August 19-23, 2022.

If interested in attending, you can register at::

2022 reunion registration form rapid city.docx (ussiowavetassn.com)

To learn more about the USS Iowa Veterans Association, visit:

Veterans Association, USS Iowa Veterans Association (ussiowavetassn.com)

If you are a federal government employee or your employer offers a charitable giving campaign through United Way, you can help us to continue our programs and services we offer to our members, veterans and other individuals with disabilities.

#### **CONTRIBUTION CODE:**

54682



#### Wherever we are,

#### we can change the world together.

Join the CFC community to help those in need. As a federal employee, you can give to the charities you care about through payroll deduction, sign up to volunteer, and Be the Face of Change.

#### If Only Grief had a Road Map

About the Author: Whitney Schroeder is the Adolescent Occupational Therapist at HSC and provides individual OT services group programing including grief group.

Wouldn't it be ideal if we could tell Siri to pull up the quickest route out of grief? Avoiding all major road-blocks, intersections, and traffic. To be able to have a smooth ride and hear her soothing voice say, "you have arrived." Unfortunately, Siri isn't equipped for this. Sometimes I think we feel the same way, unequipped for the journey that is grief. There are times we don't even realize the ways grief affects areas of our daily life.

Often individuals find their sleep patterns, eating habits, temperament, and interests have changed.

A common question that is asked is "Will I always feel this way?" The answer to that question is not simple. Grief was once explained to me like this. If you were to draw a square, then draw a circle inside that square, the circle is your grief and the square represents your everyday life, your feelings, and your pain. At first the circle is big, and it feels like it is always touching the square. Over time the circle begins to become smaller but can still roll its way to the edge of the square knocking us off the course we thought we had found.

We have a picture of our grief - a road that is not clearly laid out. But how do we keep living while simultaneously trying to navigate it? The key is to start by acknowledging your grief little by little. It can feel like an impossible road to travel. If there could be any good news with grief, it is that you are not alone. Although each grief journey is unique, crossing paths with another person that is trying to navigate the journey often gives those who grieve hope.

No, Siri is not equipped to pull up the direct route through grief. But you are. Will the journey have peaks and valleys? Of course. I encourage you to reflect on your grief and see how it has affected your daily life. Take the steps to start your grief journey. You are the designer of this journey. Small consistent steps equate to big changes, don't be overwhelmed; just start.

 Some practical daily ideas to start designing your grief road map include taking inventory of your daily routine. Have you had major changes in your sleeping and eating patterns?

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- Do you need to consult professional help? Due to the complexity that comes with grief, getting professional help is a great place to start. Other options include joining a grief group and engaging in activities that provide you healthy ways to cope.
- When the journey allows, remember the way your loved one lived their life. Write down memories, cook recipes that remind you of them, look at pictures, or tell stories about them to others.

By starting the journey down the road called grief, you are taking steps towards healing and possibly providing encouragement and hope for others.

For information about available resource options, visit <u>dss.sd.gov</u> and click on the Behavioral Health tab. You can also visit <u>605Strong.com</u> or dial 211 to reach the 211 Helpline Center. Veterans can call the Veterans Crisis Line at 1-800-273-8255.

#### **South Dakota Veterans Council**

The South Dakota Veterans Council will hold their next meeting on Wednesday, April 20, 2022, at Military Heritage Alliance Building, Spirit of America Room, starting at 9:00 AM.



#### 2022 Armed Forces Day Program

Saturday, May 21st

Alliance Building, Sioux Falls, 10:00 AM



#### 2022 Memorial Day Program

Monday, May 30th

SD State Veterans Cemetery, 10:00 AM

(Shuttle Busing will be provided from Alliance Building, Sioux Falls)

#### PVA NORTH CENTRAL CHAPTER, SPORTS & REC

#### **Howard Wood Dakota Relays 2022**

Friday/Saturday, May 6-7

Howard Wood Field Sioux Falls, SD



# Free Admission to the 2022 Howard Wood Dakota Relays

For the past several years, the Howard Wood Dakota Relays has established a MILITARY ENTRANCE at the front gates of Howard Wood Field to allow members and former members of the National Guard, Army Reserve, Navy Reserve, active components, and all veterans to be admitted free. Along with sponsorship from the Sioux Falls Skies the Limit Youth Foundation the Dakota Relays Board is doing this again this year.

The Dakota Relays are on Friday and Saturday, May 6th and May 7th this year at Howard Wood Field. Field events begin at 11:00 AM Friday with running events beginning at 2:00 PM on Friday and 9:00 AM Saturday morning. The final event will be contested at 6:30 PM Saturday evening.

This invitation is being extended to all the above and their immediate families. All veterans or service members need to do is identify themselves at the gate, and they will be admitted without question. ID cards are not necessary.

We certainly appreciate the sacrifices of all our service members and veterans of all eras, and we take this opportunity to thank them!

#### **Upcoming Trapshoots in June 2022**

Vaughan Trapshoot, Elburn, IL June 3-5, 2022

Wisconsin Trapshoot, Green Bay, WI June 10-12, 2022

Iowa Trapshoot, Cedar Rapids, IA June 17-19, 2022



For more information, contact the Chapter Office. (605) 336-0494

#### Firefighters/ PVA Joe Niemeyer Memorial

19th Annual "Gone Fishing" Event

The PVA North Central Chapter/Firefighters is pleased to announce the 19th Annual Firefighters/PVA Joel Niemeyer Memorial "Gone Fishing" Walleye Event in Chamberlain/Oacoma, SD on May 26-27, 2022.

This event will be limited to the first 45 disabled anglers who respond.

PVA North Central Chapter will cover the cost of lodging on the night of Thursday, May 26th, for PVA members, disabled anglers, firefighters and volunteers who would like to participate in this event.

This is a fun non-competitive event!

For further registration information and questions, please contact:



PVA North Central Chapter 209 North Garfield Avenue Sioux Falls, SD 57104 (605) 336-0494

or 1-800-505-4782

#### **2022 Ellsworth Air and Space Show**

The Ellsworth Air & Space Show will be held May 14-15, 2022. The show will feature aerial acts from some of the greatest airframes in the military inventory.

Featuring the Navy Blue Angels, this 2-day event is free and open to the public and will highlight the past, present, and future of military aviation technology.

This is the first time the air show has been held since 2015.

The events will celebrate the 80th anniversary for the base, the 80th anniversary for the Doolittle Raid, 35 years of B-1 Operations at the base, and the 75th birthday of the Air Force. It's also the first airshow since the Air Force announced it will be the main operating base for the B-21 Raiders.

You can learn more about the air show at: <a href="https://www.ellsworthairshow.com/">https://www.ellsworthairshow.com/</a>

#### PVA NORTH CENTRAL CHAPTER, FUNDRAISING



We're proud to be a Thrivent Choice®-enrolled organization. Through the Thrivent programs, we are eligible to receive grant dollars, fee-free donations, and support from Thrivent Action Team service projects.

To learn more about Thrivent's membership benefits and generosity programs visit thrivent.com/generosity

# Qualified Charitable Distributions



The Pension Protection Act of 2006 first allowed taxpayers age 70½ or older to make tax-free charitable donations directly from their IRAs. Technically, these taxpayers were allowed to exclude from gross income otherwise taxable distributions from their IRA ("qualified charitable distributions," or QCDs), up to \$100,000, that were paid directly to a qualified charity.

These gifts are also known as "Charitable IRA rollovers." The law was originally scheduled to expire in 2007, but was extended periodically through 2014 by subsequent legislation, and finally made permanent by the Protect Americans from Tax Hikes (PATH) Act of 2015.

# Newsletter Booster Program Thank you for your support!

Ronald and Darla Shelburg Alan & Kathryn Gobczynski Paul Hanson Dennis Hahnemann Paul Haggar

## Please support your local Chapter!

#### Newsletter Booster Program

The North Central Chapter PVA publishes the newsletter 6 times per year. We would like to invite our PVA members, Associate Members, and business associates to help support the Newsletter Booster Program. Your name will be published in each newsletter (unless otherwise specified) for only \$10.00. Please help defray the cost of publishing by supporting **YOUR** Chapter. Thank you!

	Name		
Newsletter	Address		
Booster	City	State	Zip
Program	Amount of donation \$		

Send all remittance payable to:

PVA North Central Chapter, 209 N. Garfield Ave., Sioux Falls, SD 57104

#### PVA NORTH CENTRAL CHAPTER, ADVOCACY/LEGISLATION-TERRY PAULSEN

#### SD's Congressional Delegation, Governor, SDDVA and Veterans Organizations Denounce Downsizing of State's Veterans Affairs Health Facilities

The South Dakota Congressional Delegation, Governor Kristi Noem, South Dakota Department of Veterans Affairs, along with the Veterans Organizations across the state have many concerns with the recently released VA Recommendations Report to the AIR Commission. We do plan to be a part of all hearings/townhalls that will be held in South Dakota. We will be leading a boots-on-the-ground grassroots effort to make sure the Commission hears the concerns of our veterans and their families.

The VA recommendation will turn the full-service VA hospitals in Fort Meade and Hot Springs into clinics; the Sioux Falls VA hospital will lose its emergency services; and the clinic in Wagner will completely close. Veterans in these areas will no longer have options and may have to drive hundreds of miles to obtain healthcare services. Tribal veterans, in particular, could lose their healthcare services entirely.

South Dakota is the best state in America to live and work as a veteran, and we will not stand for this betrayal. We will defend our South Dakota facilities and stand up for the men and women who stood up for us."

# VA Releases Asset and Infrastructure Review (AIR REPORT)

The United States Department of Veterans Affairs released its Asset and Infrastructure Review report, March 14, that includes recommendations by the VA Secretary to cement the department as the primary, world-class provider and coordinator of Veterans health care for generations to come. The VA MISSION Act requires Secretary McDonough to publish the AIR report in the Federal Register and submit it to Congress and a presidentially appointed AIR Commission. The AIR Commission will conduct public hearings as part of its review of VA's recommendations before submitting its own recommendations to the president for further review in 2023. The report's release marks the beginning of an in-depth deliberative process. The AIR report is the result of years of research and analysis intended to help VA build a health care network with the right facilities, in the right places, to provide the right care for all veterans, including underserved and at-risk veteran populations in every part of the country — making sure our facilities and services are accessible to veterans in their communities.

The recommendations center around improving access to and quality of care for veterans by ensuring the department's infrastructure in the decades ahead reflects veterans' needs and 21st century design standards. The VA is investing heavily in its number one asset — its employees, strengthening its public/private strategic partnerships, and elevating its role as the leading health care research entity and the leading health care (continued in next column)

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research entity and the leading health care workforce training institution in the country. "The VA came to these recommendations by asking ourselves one question above all else: what's best for the veterans we serve? Because that is our number one goal, today and every day. That's what our Asset and Infrastructure Review recommendations are all about," said VA Secretary Denis McDonough. "We've spent the last several weeks and months communicating about this with VA employees, union partners, state partners, veteran service organizations, Congress, and more. I'm continuing to consult with our unions, and will do so moving forward, because I so appreciate the strong partnership, we have with them."

View the <a href="https://www.va.gov/aircommissionreport/">https://www.va.gov/aircommissionreport/</a> AIR Commission report for more information.

View the <a href="https://www.federalregister.gov/documents/2022/03/14/2022-05256/notice-of-the-department-of-veterans-affairs-recommendations-for-modernization-or-realignment-of for the Federal Register Notice.">https://www.federalregister.gov/documents/2022/03/14/2022-05256/notice-of-the-department-of-veterans-affairs-recommendations-for-modernization-or-realignment-of for the Federal Register Notice.</a>

#### **Time Line of Air Report**

- The VA MISSION Act established a new process for the development, review, approval and implementation of a list of recommendations for the modernization and realignment of VHA medical facilities. The VA MISSION Act requires the VA Secretary to develop an initial list of recommendations, including the acquisition of new space, the modernization of existing space and the disposal of unneeded space. The Secretary was required to publish these recommendations in the Federal Register by January 31,
- The VA MISSION Act also established an AIR Commission, a panel comprised of nine members nominated by the president and approved by the Senate, which is meant to review the recommendations submitted by the VA Secretary.
- Once the commission is stood up and receives the department's recommendations, the Commission will conduct its own hearings and investigations, make its own recommendations and send the recommendations to the White House.
- The AIR Commission is required to submit a final list of recommendations to the president by January 31, 2023.
- The President is to notify the Commission and Congress if he approves or disapproves the list by February 15, 2023. If disapproved, the Commission may revise the recommendations and submit a new list by March 15, 2023.
- The President has until March 30, 2023, to approve the Commission's initial or revised recommendations in their entirety and submit them to Congress, or the modernization and realignment process terminates.

If the President approves the recommendations, Congress has 45 days from the date of approval to terminate the process by enacting a joint resolution of disapproval. If Congress does not enact a joint resolution of disapproval, the VA is required to implement the recommendations. (See next page)

# Timeline for Asset and Infrastructure Review (AIR) of VA's Modernization and Market

The President The President has The AIR Commission The AIR Commission has a year (2023) to **VA Secretary** submits **Assessment Recommendations** The Department of Veterans Affairs (VA) Top VA Leadership recommendations. market assessment with Guidehouse VA conducts the The 2018 MISSION ACT required VA to review Veterans' current and future Updated 2.24.2022

recommendations. Congress has 45 days to reject rejects the March 2023 to transmit to the AIR Commission and approval or disapproval of the Commission's Congress a report until the end of containing the **President's** 

The commission then submits its review to

the President.

Training & communication launched for all VA

employees and stakeholders.

recommendations at

the request of SECVA.

recommendations.

review VA's

Modernization and Market Assessment to AIR Commission.

convenes consisting

commercial health review the market care experts to

of federal and A 'Red Team'

submits draft assessments and recommendations

needs, including a review of VA's

to SECVA.

Area Assessment of through a Market infrastructure

Corporation and

If Congress approves

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Congress

the President's

funding over the next planning process for the new recommendations The Secretary shall develop plans, recommendations, can start May 2023. submission, VA's \*Implementation begins by default unless Congress Implementation of spans over the next recommendations. 20 years. recommendations.\*

May 2023 - May 2026

priorities, and three years.

begin to

March - May 2023

March 2023

March, 14 2023

2018 - March 14, 2022

Implementation of approved recommendations by AIR Commission, The President, and Congress will span over the next 20 years based on funding

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\*Dates subject to change

# Security Logistics Intelligence Construction Engineering (SLICE)

#### Termination of Veteran Transportation Services Contract

Dear Veterans (March 4, 2022),

This letter is to inform you that the transportation services contract serving disabled veterans in South Dakota, Iowa, Nebraska, and Minnesota area will be terminated by the Veteran Administration (VA) effective 2-28-2022.

As a Service-Disabled Veteran Owned Business, it is sad that the only rationale provided by the VA for canceling the contract is that they have no requirements for transportation services provided by SLICE on a 24/7/365 basis. You can bet no VA employee is coming to provide a ride at 0330 AM.

If you receive notification from the VA Veteran Transportation Services (VTS) that they will no longer provide you transportation, and you would like to continue using SLICE Transportation Services, you will still be transported to and from your VHA approved appointment at **no cost to you**.

#### You do not have to pay the driver or SLICE for the ride, we will file the invoice for your ride directly to the VA.

SLICE has set up a website that either you or your caregiver can use to schedule rides. The website will automatically create an invoice for payment to the VA on a veteran behalf: <a href="https://slice-c.com/webdesk">https://slice-c.com/webdesk</a>.

We will have our dispatcher at (605) 221-6303 enter your appointment data, if you are not able to and once the initial intake is completed, you can request an ambulatory, wheelchair, or other medical appointment ride in the same manner as you would an Uber or Lyft with the exception that SLICE drivers are not allowed under any circumstances to cancel a ride that would result in a veteran being late or missing a medical appointment.

Before using non-emergency transportation, be sure to contact the local travel office and inform them that you will be transported by SLICE.

I may be reached at 605-221-6303 or <u>cavery@dcid63.com</u> if you have any inquiries. I an-

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ticipate providing an on-demand level of services that outpaces what has been offered up to date by the VA. Respectfully,

Cecil Avery, Chief Executive Officer
101 South Reid Street
Sioux Falls, SD 57103

Telephone: 605-221-6303

#### **Veteran Phishing Warning**

If you receive a suspicious email from the Department of Veterans Affairs, **DO NOT** open the email or click on any attachments or links. VA does not send emails asking for personal information, threating emails, or emails claiming to take adverse actions on claimants or beneficiaries (jail or lawsuits). If you receive any of these emails or are in doubts about any communications appearing to be from VA, please contact VA directly at 1-800-827-1000.

Phishing is a type of cyber-attack where the attackers sends a message designed to deceive a person and convince them to reveal sensitive information to the attacker. It is the most common means attackers use to gain unauthorized access to a device to obtain sensitive information.

Phishing emails can come from an unfamiliar sender or familiar looking sender with an email address that is off by a few letters. Additional, phishing emails can include large or "too good to be true" offers or attachments.

VA takes the security of Veterans seriously.

For more information, please see this <u>YouTube video</u> of VA's Office of Financial Management, Chief Financial Officer Charles Tapp II, on the proactive measures VA has taken to protect and prevent fraudulent activity and how you can protect your finances and personal data from fraud.

<u>VA blogs</u> also have information to help you stay vigilant at work and in your personal life and provide additional information on how phishing attacks are getting even more sophisticated

You can find more information to help keep you cybersafe at <u>Cybercrime Support</u> Network and the <u>Scam Spotter organization</u>. 15136

## House Approves Sweeping Measure to Provide Health Care, Benefits to Burn Pit Victims

Washington (3-3-2022, Stars & Stripes - The House approved sweeping legislation that would expand Department of Veterans Affairs health care and benefits to veterans affected by burn pits and other toxic environments. House lawmakers voted 256-174 to approve the Honoring Our Promise to Address Comprehensive Toxics Act, known as the PACT Act. All those voting against the measure were Republicans, who cited cost concerns and urged Democrats to pass something more fiscally palatable to both parties. Thirty-four Republicans backed the legislation.

The measure must now go to the Senate, where it faces an uncertain future. Some senators prefer an incremental approach to expanding health care and benefits, rather than one comprehensive bill.

"We passed the most comprehensive legislation to date to treat toxic exposure as a cost of war and ensure that all toxic-exposed veterans can access the care and benefits they have earned," said Rep. Mark Takano, D-California, the chairman of the House Committee on Veterans' Affairs. "This fight is not over, but I will not rest until our veterans have a guarantee in statute that their government will take care of them when they come home - no matter the cost."

The bill would increase spending by about \$208 billion during the next decade because of the expanded eligibility for disability compensation, according to the latest estimates from the congressional budget office. The office estimated the bill would cost an additional \$110 billion in the following ten years for the expansion of health care.

Throughout the 1990s and the post-9//11 wars, the military used open-air pits to burn garbage, jet fuel, paint, medical waste, plastics and other materials. Veterans diagnosed with cancer, respiratory issues and lung disease at young ages have blamed exposure to the toxic fumes. They have sough VA benefits and health care, but the department contended for years that there wasn't sufficient evidence to support their claims.

The PACT Act would add 23 of those cancers and respiratory illnesses to the list of conditions that would qualify veterans for VA benefits and health care.

The bill also addresses other types of toxic exposure. The bill calls for presumptive benefits for Vietnam War veterans who have developed hypertension because of

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exposure to chemical herbicides, as well as veterans who served in Thailand, Laos and Cambodia and were potentially exposed to herbicides. It also includes veterans who participated in toxic cleanup activities in Enewetak Atoll or Palomares, Spain.

Rep. Mike Bost of Illinois, the ranking Republican on the House Committee on Veterans' Affairs, criticized Democrats for approving the bill and argued in favor of the Senate's approach to the issue.

The Senate passed a bill last month that would expand health care to more veterans who served in areas with toxic burn pits, but it doesn't address benefits, such as disability compensation. The leaders of the Senate Veterans' Affairs Committee, who sponsored the bill, insisted the measure is just a first step in a 3-phase approach that would provide health care and benefits incrementally.

The cost of the bill totals \$1 billion, according th the office of Sen. Jon Tester, D-Mont., chairman of committee. Bost attempted Thursday to pass a measure that mirrored the Senate's bill. "Instead, House Democrats shoved the deeply flawed policies and wildly expensive costs of the PACT Act through the House with no regard for finding common ground," he said.

# Biden Seeking More Health Care for Veterans <u>Exposed to Burn Pits</u>

Washington (3-8-2022), Stars & Stripes - President Joe Biden's trip to Fort Worth, TX, is personal - a change to talk with veterans and their caregivers and push for more help for members of the military who face health problems after exposure to burn pits.

In his State of the Union address, Biden raised the prospect of whether being near the chemicals from pits where military waste was incinerated in Iraq led to the death of his son Beau. "We don't know for sure if a burn pit was the cause of his brain cancer, or the diseases of so many of our troops," Biden said in the speech. "But I am committed to finding out everything we can."

White House press secretary Jen Psaki said that Biden will be traveling with Veterans Affairs Secretary Denis McDonough to Texas. They will visit the VA clinic in Fort Worth, with remarks to follow at the Tarrant County Resource Connection on "ex-

(continued on Page 12)

#### From the Office of Brad Friez

#### **National Service Officer**

Recently the VA sent out letters encouraging those Veterans who receive the annual clothing allowance benefit to submit that application. For those Veterans we represent please give us a few days of grace to get you the clothing allowance application form in the mail. We want to send you the previous year's application in addition to the current application so that you can see which the VA approved from the previous year. The deadline for the clothing allowance application is not until July 31.

The VA's Caregiver Support Program is not without its issues. We have spent a number of hours speaking with Caregivers and Veterans and local VA staff about their concerns. PVA and many other Veteran Organizations have been relaying these issues to the VA. In response the VA on Tuesday, March 22<sup>nd</sup> stated that they were halting the dismissal (for now) of those Veterans who had been on the program previously (legacy participants) and had been denied the opportunity to continue in the program. vamped the eligibility requirements. We just learned ourselves that the VA had three tier levels for the Caregiver Support Program and they had looked at removing those Veterans who were classified in the bottom tier. We are aware of many Veterans' spouses who are their caregiver and count on the financial support the VA gives them from this program to pay their bills. Without that money they receive from the VA some would have some major struggles financially. Plus, it seems that having that caregiver spouse taking care of the Veterans activities of daily living (ADL's) and/or the need for supervision, protection or instruction on a daily basis for at least six months would eliminate the need for that Veteran to go to a VA contracted nursing home which would cost the VA much more money in the end. Most every Veteran in this situation I am aware of would strongly prefer to live their life at their home rather than at a nursing home anyway. Again, this program as of October 1, 2022 will include all eras and dates of service of military Veterans but they do need to have at least a 70% service connected disability rating overall and have the need on a daily basis for assistance with their activities of daily living (ADL's) and/or the need for supervision, protection, or instruction for at least six months. We sincerely hope that VA will make the necessary changes to allow all Veterans who need this benefit to be entitled to it.

(continued from Page 11 - Biden)

panding access to health care and benefits for Veterans affected by exposure to harmful substances, toxins and other environmental hazards," including those from burn pits, plots of land where the military destroyed tires, batteries, medical waste and other materials.

Biden will also call on Congress to send him a bill that protects veterans who face health consequences after burn pit exposure, The House passed a bill that would provide VA health care to millions of Iraq and Afghanistan Veterans who meet that criteria.

Biden's son, Beau, was a major in a Delaware Army National Guard unit that deployed to Iraq in 2008. The two-term Delaware attorney general was diagnosed with brain cancer in 2013 and died two years later at age 46.

It is difficult to link toxic exposure to an individual's medical condition. The concentration of toxic material is often well below the levels needed for immediate poisoning. Still, the VA's own hazardous materials exposure website along with scientists and doctors say military personnel do face risks and dangers after being exposed to contaminants.

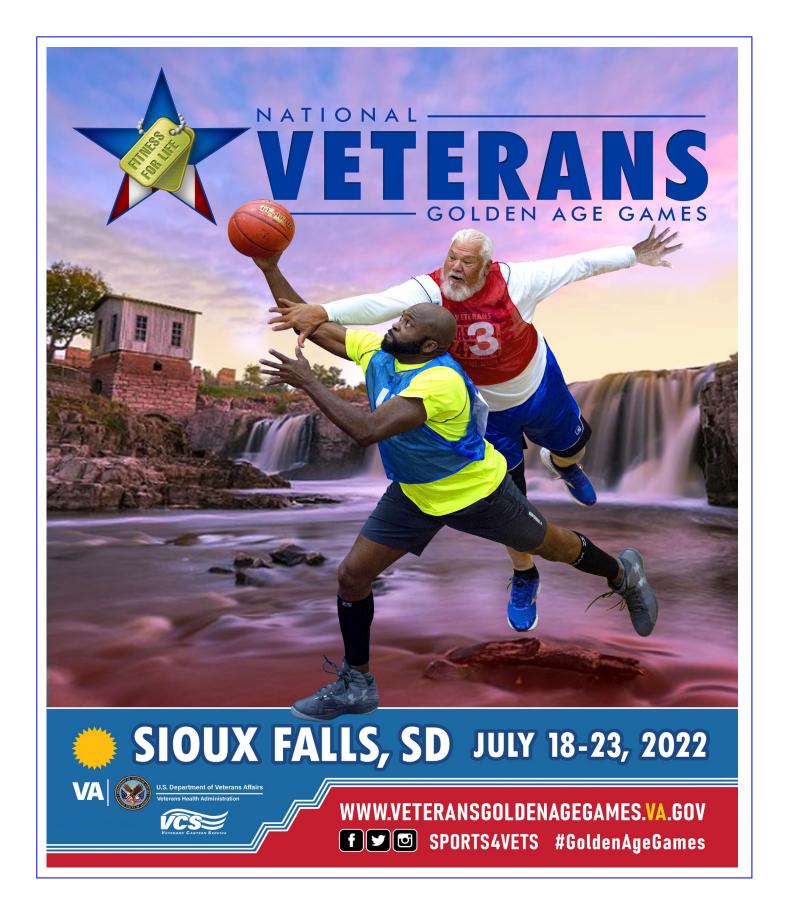
#### **Governor signs House Bill 1083**

This week, (3-10-2022), SDDVA Secretary Greg Whitlock and Fall River County Veterans Service Officer Dan Cullen had the honor to witness Governor Kristi Noem signing House Bill 1083 into law.

House Bill 1083 is a bill brought forward by Cullen to provide a partial property tax exemption for surviving spouses of certain veterans.

Sponsors of the bill include: Representatives: Goodwin, (prime), Aylward, Hoffman, Jensen (Phil), Miskimins, Mulally, Perry, Randolph, and St. John and Senators Frye-Mueller, Smith (VJ), Stalzer, and Zikmund.

House Bill 1083 did not have an emergency clause so it will not go into effect until July 1.



# PVA North Central Chapter "Darrell Jepsen Memorial Scholar" Program



The PVA North Central Chapter has established a scholarship program to provide financial assistance for PVA members and their families so that they may achieve their goals in the academic arena. Scholarships will vary according to the number and merit of applications received and the total funds available. At no time will a grant exceed \$1,000 per academic year.

Applications are now available for 2022-2023. Please contact the Chapter Office for an application or you can download it at <a href="https://www.ncpva.org">www.ncpva.org</a>.

Applications must be postmarked by **July 1st**, no exceptions

#### **Granite - SHINE Scholarships Now Available**

Granite Threshing Association along with SHINE outreach group is excited to announce we have **two \$1000.00 scholarships available!** One in the **medical field** of study and one in the **agricultural field** of study. These are for **returning college students**, not first year students.

Please spread the word and pass along to any college student or anyone that can help us get this out to the public. We are excited to be able to offer this and see how this first year goes and the ability to give back and help students achieve their goals. Please let Heather know with any question. Cell 605-212-5779 / heathers@voyagefcu.org.



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#### <u>Veterans Communities receive Latest Resources</u> <u>for Crohn's Disease and Ulcerative Colitis</u>

Washington (3-9-2022) - The Department of Veterans Affairs encourages Veterans affected by inflammatory bowel diseases to access a new website

(<u>https://www.crohnscolitiesfoundation.org/</u> veterans)

that raises awareness of Crohn's disease and ulcerative colitis. Veterans can use the site to get step-by-step instructions to access treatment and links to VA resources - connecting with online communities and peer to peer support to improve their quality of life.

A 2020 study of VA data (https:academic.oup.com/ibdjournal/article/26/9/1423/562587)

found that rates of anxiety, depression and post-traumatic stress disorder increased among Veterans diagnosed with inflammatory bowel disease over time," said National Center for Healthcare Advancement and Partnerships (<a href="http://www.va.gov/healthpartnerships">http://www.va.gov/healthpartnerships</a>) Nurse Executive Tracy L. Weistreich, Ph. D. "It is important we find ways to assist our Veterans with all issues relevant to this chronic condition, especially Veterans who may not be receiving care through VA."

Through this partnership, the Crohn's & Colitis Foundation

(https:www.chrohnscolitiesfoundation.orgveterans) will provide educational materials and share resources widely with VA staff, Veterans and the public to increase knowledge about inflammatory bowel diseases and treatment options. VA will train the Foundation on Veteran-specific concerns like suicide prevention and share free resources such as the Veterans Crisis Line

https://www.veteranscrisisline.net gcld=EAlalQobChM1263z07Lw9QIVC6\_IChOrW wOzEAAYASAAEglQ9PD\_BwE).

Learn more (<a href="http://www.va.gov/healthpartnerships">http://www.va.gov/healthpartnerships</a>) about this and other partnerships facilitated by HAP.



#### **Car Sunshades for Sale**

Proceeds will benefit the Chapter's programs and services! Contact the Chapter Office (605) 336-0494.



#### **PVA North Central Chapter**

#### Birthday Roster - April/May 2022

•	•
Carl Oleson	Apr 03
Frederick Ellwein	Apr 06
Rodney Melcher	Apr 08
Christine Speirs	Apr 08
Cliff Koele	Apr 09
Thomas Olson	Apr 12
Victor Kienitz	Apr 13
Terry Williams	Apr 16
Bruce Hoffman	Apr 20
Shaun Rupe	Apr 26
David Allen	Apr 29
Carl Stricherz	Apr 29
Barbara Priesz	Apr 30
David VanHorn	Apr 30
Ken Laughlin	May 01
Larry Johnson	May 03
Gary Nordean	May 07
Don Westberg	May 07
Travis Kasten	May 09
Bob Uecker	May 14
Roger Holtzmann	May 15
Dennis McNulty	May 17
Eric Vetter	May 19
John Kuhlman	May 20
Scott Petersen	May 21
Alma Stewart	May 24
Merle Kjer	May 25
Steve Whitney	May 25

(continued in next column)

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Perry Grimme	May 26		
Gary Howey	May 27		
Sarah Bierman	May 28		
Robert Buchanan	May 30		
Vernon Howie	May 30		
Michael McGinnis	May 30		

#### Wills for Heroes

Wills for Heroes is a free monthly legal clinic for veterans and their spouses to receive simple wills and powers of attorney. This clinic is for income-qualifying individuals and by APPOINTMENT ONLY.

You must call and schedule an appointment to meet with an attorney on the day of the clinic. Call East River Legal Services (605-336-9230) for the next scheduled time.

#### Mobile App for 2022 National Veteran Wheelchair Games

The app for the 2022 National Veteran Wheelchair Games is currently for download on your Android or iOS device.

Download the app or log in online to access information about the games, medical forms, notifications and more! You can search the app store for *NVWG* or *National Veterans Wheelchair Games*.

Use the link below to access the web version of the app or download the app to your mobile device.

Web Version: <a href="https://crowd.cc/41nwg">https://crowd.cc/41nwg</a>
App Version: <a href="https://crowd.cc/s/43PRv">https://crowd.cc/s/43PRv</a>

If you have any questions regarding the online or mobile app, contact Jennifer Blyther at <u>jenniferm@pva.org</u>.

Jennifer Blyther

Meetings Project Coordinator Paralyzed Veterans of America

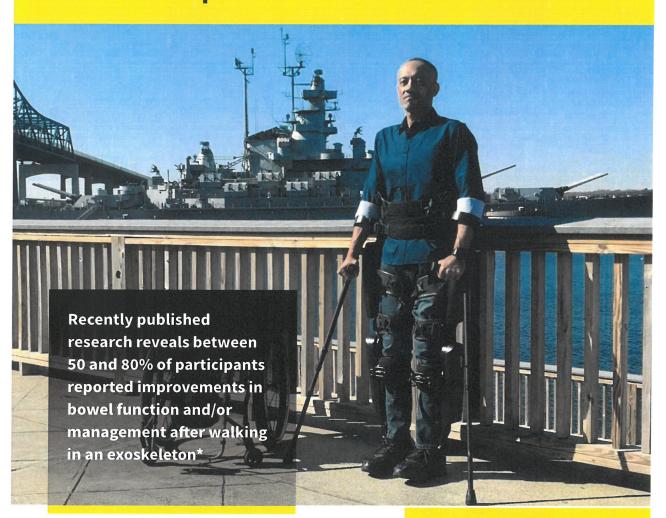
801 18th Street NW

Washington, DC 20006

JenniferM@pva.org



# Want To Improve Your Bowel Function?

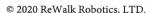


Did you know Paralyzed US Veterans May be Eligible for a **ReWalk Personal Exoskeleton?** 

Contact ReWalk for more Information: rewalk.com/contact or

**508.251.1154** option 2

\*Chun A, et al. Changes in bowel function following exoskeletal-assisted walking in persons with spinal cord injury: an observational pilot study. Spinal Cord. 2020;58(4):459-466.









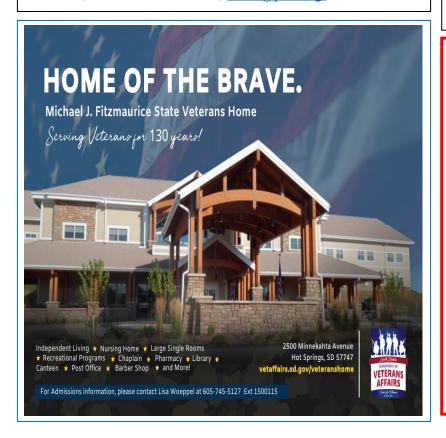


#### Asset and Infrastructure Review (AIR) Commission

Washington, D.C. (3-9-2022) - President Biden announced his nominations for individuals to serve on AIR. The Commission was established by the Mission Act in 2018. It is charged with reviewing the physical footprint of the VA health care system and making recommendations on how the entire system should be aligned to best serve veterans for decades to come.

I was nominated by President Biden to be one of those commissioners. The nominees still have to go through the Senate confirmation process to receive appointment. I do not anticipate any challenges in my own case for nomination.

What that means for PA - I will continue to fulfill all of my duties and responsibilities as the Executive Director of PVA. This commission is not new employment (it is not paid) and is only temporary (set to end in 2023). I will not allow the duties on the commission to interfere with key events and activities that demand my attention from PVA. I will lean on our entire management team to help navigate the next year of this process while remaining focused on moving PVA forward. This is an incredibly important opportunity not just for me but for all of PVA and our members, as this will give us a seat at the table for decisions that will impact the entire health care system. If you have any questions, please feel free to reach out to me directly. Carl Blake, Executive Director, PVA, cell 540-847-8379; work 202-416-7708; carlb@pva.org



# SUPPORT PVA NORTH CENTRAL CHAPTER

Paralyzed Veterans of America North Central Chapter relies solely on private donations and receives NO government funding! Your contribution is 100% tax deductible, as we are a 501(c) (3) corporation. Support by individual donors and businesses enable us to make our services FREE to members.

Please support our mission through a direct donation to:

PVA North Central Chapter
209 North Garfield Avenue,
Sioux Falls, SD 57104

#### **QUESTION:**

#### HAVE YOU CONSIDERED INCLUDING PVA NORTH CENTRAL CHAPTER IN YOUR WILL OR TRUST?

This type of donation will serve as an investment in our organization that will reap our members benefits for many years to come.



#### **How to Donate Property**

Please donate that Auto, Boat, Yacht, Truck or RV that's no longer needed to NCPVA! Receive the maximum legal tax deductions and possibly a partial cash payment.

For more information about car, boat, RV and other property donations or to receive a "no obligation" evaluation of your potential vehicle or other property donation, please call toll free: (866) 2-GIVING or (866) 244-8464.

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#### ATTENTION VOLUNTEERS

BE SURE TO LOOK FOR YOUR VOLUNTEER NUMBER OR VAVS VOLUNTEER NAME SOMEWHERE IN THIS NEWSLETTER AND CONTACT THE CHAPTER OFFICE IF YOUR NAME OR NUMBER IS LISTED.

CHUCK DOOM

VOLUNTEER PROGRAM

COORDINATOR

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National Service Office: (605) 333-6896 NSO Email: www.dav.vbasux@va.gov

www.davsd.org www.dav.org

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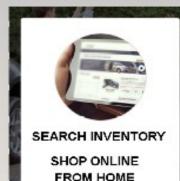
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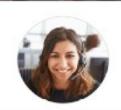
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Paralyzed Veterans of America North Central Chapter 209 N. Garfield Ave Sioux Falls, SD 57104

#### ADDRESS SERVICE REQUESTED

#### VA Health Care Systems Contact Information

#### Sioux Falls VA Health Care System

2501 West 22nd Street Sioux Falls, SD 57105

Phone: (605) 336-3230 or (800) 316-8387

Fax: (605) 333-6878

#### **VA Black Hills Health Care System - Fort Meade Campus**

113 Comanche Road Fort Meade, SD 57741

Phone: (605) 347-2511 or (800) 743-1070

Fax: (605) 720-7171

#### **VA Black Hills Health Care System**

500 North 5th Street Hot Springs, SD 57747 Phone: 605-745-2000 Fax: 605-745-2091

#### Minneapolis VA Health Care System

One Veterans Drive Minneapolis, MN 55417

Phone: (612) 725-2000 or 866-414-5058

Fax: (612) 725-2049

#### Fargo VA Health Care System

2101 Elm Street Fargo, ND 58102 Phone: (701)232-3241 Fax: (701)239-3705

#### VA Montana Health Care System

1892 Williams Street Fort Harrison, MT 59636 Phone: (406) 442-6410 Fax: (406) 447-7916

#### **Cheyenne VA Health Care System**

2360 E. Pershing Blvd. Cheyenne, WY 82001 Phone: (307)778-7550 Fax: (307) 778-7336

#### Sheridan VA Health Care System

1898 Fort Road Sheridan, WY 82801

Phone: (307) 672-3473 or (866) 822-6714

Fax: (307) 672-1900

The PVA North Central Chapter proudly serves the states of North Dakota, Southwest Minnesota, and portions of Montana and Wyoming.